

How to Lead A Family Devotion



One of the most important spiritual practices you can start in your family is a regular time of family devotions. This is LHBC's biggest challenge to every family.

Here's one way it's done.

First things first:

1. **Set a goal.** Things do not have to go perfect, and you do not have to have to be punctual. But try to set a day and time each week, have a basic idea and plan regarding what you want to share with the family, and give it a whirl!
2. **Put away electronics.** No phones, no TV, no radio, no tablets, no computers, no iPods.
3. **Ask good questions.** Think up some discussion questions to ask. Open ended questions which cannot be answered with a "yes" or "no" are best.

How to lead a Family Devotion:

1. **Read from God's Word.** Buy a devotional book, or simply pick a verse to read and then talk about it. If your kids are little, buy a storybook Bible and read one chapter.
2. **Discussion and Teaching.** You don't have to prepare an eloquent sermon; just take 10 minutes to talk about your faith! Ask some questions, guide the discussion.
3. **Prayer.** Always end with a short prayer.

But what do I say?

Relax: they're you're family. At first, you can simply read a Bible verse, maybe share a story from your own life about that topic, ask a few questions for discussion, then close in prayer. Wah-la! Depending on the ages of your children (if you have kids at home) you may want to get more creative as time goes on. Young kids can act out the stories. Older kids can participate more in reading. If you have teenagers, they may want to lead one of the family devotions sometime.

Try memorizing a new verse every month. It's not as hard as you think: just work together on memorizing each phrase of the verse, until you gradually get the whole verse. This can be something you practice each day on the way to school/work, at the dinner table, or bedtime.

This is your family, and your devotional time. It's not important HOW you do it. What is important is that you actually practice your Faith@Home!



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