

September Snacks

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					Fruit Snacks / Water	
3	4	5	6	7	8	9
	No LAS	Vanilla Wafers / Fruit Juice	Scoobie-Doo Graham Crackers / Water	Veggie Sticks / Fruit Juice	Fruit Snacks / Water	
10	11	12	13	14	15	16
	Fruit Cups / Water	Cheez-it / Fruit Juice	Peanut Butter Crackers / Water	Pretzels / Fruit Juice	Fruit Snacks / Water	
17	18	19	20	21	22	23
	Famous Amos Chocolate Chip Cookies / Water	Gold Fish / Fruit Juice	Nature Valley Granola Bars / Water	Veggie Sticks / Fruit Juice	Fruit Snacks / Water	
24	25	26	27	28	29	30
	Scoobie-Doo Graham Crackers / Water	Cheez-it / Fruit Juice	Vanilla Wafers / Water	Peanut Butter Crackers / Fruit Juice	Fruit Snacks / Water	

Notes:

Alternative snacks will be offered for kids with allergies.